



Staff restaurant Eldora - Biogen

Monday, 03. March	Tuesday, 04. March	Wednesday, 05. March	Thursday, 06. March	Friday, 07. March
SOUP 	SOUP 	SOUP 	SOUP 	SOUP 
Vegan cauliflower soup <i>approx 96.2 cal.</i>	Cream of broccoli soup <i>approx 85.8 cal.</i>	Cream of asparagus soup <i>approx 78.1 cal.</i>	Cream of vegetable soup <i>approx 83.4 cal.</i>	Cream of spinach soup <i>approx 62.4 cal.</i>
INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50
TRADITIONAL	TRADITIONAL	TRADITIONAL	TRADITIONAL 	
Breaded turkey schnitzel Lemon slice French fries Spring vegetables <i>approx 757.1 cal. / Turkey: France</i>	Caesar salad Iceberg and cos lettuce, croutons, Grana Padano and egg Fried chicken breast Caesar dressing <i>approx 744.0 cal. / Chicken: Switzerland, Anchovies: Spain</i>	Beef Kefta Tomato sauce Couscous Broccoli <i>approx 579.0 cal. / Meatballs (beef): Switzerland</i>	Breaded plaice fillet Wasabi mayonnaise Boiled potatoes Spinach <i>approx 838.9 cal. / Plaice: Northeast Pacific</i>	
INT CHF 8.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 14.50	
KARMA 	KARMA 	KARMA 	KARMA 	
Pita bread filled with falafel, sesame yoghurt, cos lettuce and red cabbage Oriental vegetable salad with mint and parsley <i>approx 728.0 cal.</i>	Chickpea and lentil dal Aloo Gobi Naan bread Cucumber raita <i>approx 854.4 cal.</i>	Favorite Swiss cuisine: Bern	Wild garlic risotto with asparagus, mascarpone, cress, almonds and grated cheese <i>approx 753.0 cal.</i>	
INT CHF 8.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 14.50	
LIVE COOKING	LIVE COOKING	LIVE COOKING	LIVE COOKING	LIVE COOKING
Rock the Wok Chicken strips or tofu cubes Thai red curry sauce or teriyaki and lemongrass sauce Jasmine rice Asian vegetables <i>approx 727.9 cal. / Chicken: Switzerland</i>	Rock the Wok Chicken strips or tofu cubes Thai red curry sauce or teriyaki and lemongrass sauce Jasmine rice Asian vegetables <i>approx 727.9 cal. / Chicken: Switzerland</i>	Rock the Wok Chicken strips or tofu cubes Thai red curry sauce or teriyaki and lemongrass sauce Jasmine rice Asian vegetables <i>approx 727.9 cal. / Chicken: Switzerland</i>	Rock the Wok Chicken strips or tofu cubes Thai red curry sauce or teriyaki and lemongrass sauce Jasmine rice Asian vegetables <i>approx 727.9 cal. / Chicken: Switzerland</i>	Rock the Wok Chicken strips or tofu cubes Thai red curry sauce or teriyaki and lemongrass sauce Jasmine rice Asian vegetables <i>approx 727.9 cal. / Chicken: Switzerland</i>
INT CHF 13.00 / EXT CHF 17.50	INT CHF 13.00 / EXT CHF 17.50	INT CHF 13.00 / EXT CHF 17.50	INT CHF 13.00 / EXT CHF 17.50	INT CHF 13.00 / EXT CHF 17.50
FRESH MARKET	FRESH MARKET	FRESH MARKET	FRESH MARKET	
Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	
pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	
DESSERT 	DESSERT 	DESSERT 	DESSERT 	DESSERT
Pastel de Nata <i>approx 158.7 cal. / Pastel de Nata: Portugal</i>	Orange tiramisu <i>approx 148.2 cal.</i>	Crèma catalana <i>approx 259.7 cal.</i>	Dessert Medley Choice of various desserts	Dessert Medley Choice of various desserts
INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50	INT CHF 2.50 / EXT CHF 3.50

Icons: vegetarian (1 leaf), vegan (2 leaves), Lactose-free, gluten-free
 Every meal comes with either a daily salad, dessert or soup.
 All prices in CHF, VAT included