







# Staff restaurant Eldora - Biogen

Monday, 20. January	Tuesday, 21. January	Wednesday, 22. January	Thursday, 23. January	Friday, 24. January
<b>SOUP</b> Soup of the day	<b>SOUP</b> Soup of the day	<b>SOUP</b> Vegetable soup	<b>SOUP</b> Soup of the day	<b>SOUP</b> Soup of the day
<b>2.50</b>	<b>2.50</b>	<b>2.50</b>	<b>2.50</b>	<b>2.50</b>
<b>TRADITIONAL</b> Riz Casimir Sliced chicken Curry sauce Rice Fruit and almonds  <i>approx 647.2 cal. / Chicken: Switzerland</i>	<b>TRADITIONAL</b> Braised beef roulade Red wine sauce Mashed potato Green beans  <i>approx 724.5 cal. / Roulade (beef, pork): Switzerland</i>	<b>TRADITIONAL</b> Pasta Powwow Beef bolognese, tomato sauce, gorgonzola sauce, beef stroganoff and Grated cheese	<b>TRADITIONAL</b> Pork gyro dumplings Tzatziki Pita bread Greek salad  <i>approx 648.9 cal. / Pork: Switzerland</i>	<b>TRADITIONAL</b> Beef stew Vegetable and red wine sauce Wholegrain fusilli Yellow carrots and beans 
<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>
<b>GREEN</b> Gnocchi with Gorgonzola sauce, baby spinach, spring onions and hazelnuts  <i>approx 817.5 cal.</i>	<b>GREEN</b>  Vegetable strudel Herb cottage cheese Mixed loose leaf lettuce with cherry tomatoes, radish and sunflower seeds  <i>approx 505.3 cal.</i>	<b>GREEN</b>  Crispy Tofu Bowl Tofu in cornflake breading, peanut sauce, sesame spinach, carrots, cucumber and wakame salad, edamame, jasmine rice, wasabi peanuts, coriander and chilli <i>approx 787.1 cal.</i>	<b>GREEN</b>  Rösti vol-au-vents filled with wild mushroom ragout Oven-baked vegetables Watercress  <i>approx 562.4 cal.</i>	<b>GREEN</b>  Palak Paneer Indian cheese and spinach stew Lentil dal, naan bread Cucumber raita, coriander and chilli  <i>approx 956.3 cal.</i>
<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>
	<b>LIVE COOKING</b>  Rösti Powwow with smoked salmon and dill- mustard sauce or: Solothurn style with pork minute steaks, chipolata and cheese or with grilled vegetables and fried egg <i>approx 708.1 cal. / Salmon: Norway, Chipolata (veal, pork): Switzerland, Pork: Switzerland</i>		<b>LIVE COOKING</b> Schnitzel Week Breaded pork or chicken schnitzel French fries Grilled vegetables  <i>approx 1323.0 cal. / Chicken: Switzerland, Pork: Switzerland</i>	
	<b>INT CHF 13.00 / EXT CHF 15.00</b>		<b>INT CHF 13.00 / EXT CHF 15.00</b>	
<b>FRESH MARKET</b> Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	<b>FRESH MARKET</b> Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	<b>FRESH MARKET</b> Chicken curry Broccoli Grilled vegetables Rice	<b>FRESH MARKET</b> Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	<b>FRESH MARKET</b> Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food
<b>pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</b>	<b>pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</b>	<b>pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</b>	<b>pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</b>	<b>pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</b>
<b>DESSERT</b> Dessert of the day	<b>DESSERT</b> Dessert of the day	<b>DESSERT</b> Chocolate coconut cake	<b>DESSERT</b> Dessert of the day	<b>DESSERT</b> Dessert of the day
<b>2.50</b>	<b>2.50</b>	<b>2.50</b>	<b>2.50</b>	<b>2.50</b>

Die Menus Traditional und Green beinhalten entweder einen Menusalat oder Suppe oder Dessert.  
Alle Preise in CHF, MwSt. inkl.