

Staff restaurant Eldora - Biogen

Monday, 15. July	Tuesday, 16. July	Wednesday, 17. July	Thursday, 18. July	Friday, 19. July
SOUP Beef broth with fideli and vegetables <i>approx 49.0 cal.</i>	SOUP Tomato soup <i>approx 94.0 cal.</i>	SOUP Vegan cauliflower soup <i>approx 96.2 cal.</i>	SOUP Vegetable cream soup <i>approx 83.2 cal.</i>	SOUP Bean cream soup <i>approx 88.7 cal.</i>
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50
TRADITIONAL Pork gyros Tzatziki Pita bread Greek salad <i>approx 632.0 cal. / Pork: Switzerland</i>	TRADITIONAL Fried chicken breast Bell pepper sauce Black quinoa Coco beans <i>approx 472.3 cal. / Chicken: Switzerland</i>	TRADITIONAL Mexican veal mince skewer with courgettes and cherry tomatoes Jasmin rice Mexican Salad with leaf salad, rice, red beans, corn kernels, onions, carrots and coriander Dressing of your choice <i>approx 826.7 cal. / Veal: Switzerland</i>	TRADITIONAL Hawaiian Beefburger Beef patty, brioche bun, chilli mayonnaise, honey pineapple, cheddar, iceberg French fries Coleslaw <i>approx 1336.8 cal. / Burger (beef): Switzerland</i>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
GREEN Pizza Vegetariana with smoked tofu, bell peppers, cherry tomatoes and spinach <i>approx 968.6 cal.</i>	GREEN Lentil and vegetable patty Yoghurt dip with paprika and lemon Harissa mint couscous Roasted onion <i>approx 507.6 cal.</i>	GREEN Pulled Seitan Tacos with pico de gallo, guacamole, coriander and spring onions Baked sweet potatoes <i>approx 637.4 cal.</i>	GREEN Whole cauliflower from the oven with tahini, smoked paprika and za'atar Garlic sesame dip Freekeh and vegetable salad <i>approx 605.9 cal.</i>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
LIVE COOKING Rock the wok Chicken strips or tofu cubes Red Thai curry or teriyaki lemongrass sauce Jasmine rice Asian vegetables <i>approx 741.2 cal. / Chicken: Switzerland</i>	LIVE COOKING Rock the wok Chicken strips or tofu cubes Red Thai curry or teriyaki lemongrass sauce Jasmine rice Asian vegetables <i>approx 741.2 cal. / Chicken: Switzerland</i>	LIVE COOKING Rock the wok Chicken strips or tofu cubes Red Thai curry or teriyaki lemongrass sauce Jasmine rice Asian vegetables <i>approx 741.2 cal. / Chicken: Switzerland</i>	LIVE COOKING Rock the wok Chicken strips or tofu cubes Red Thai curry or teriyaki lemongrass sauce Jasmine rice Asian vegetables <i>approx 741.2 cal. / Chicken: Switzerland</i>	LIVE COOKING Rock the wok Chicken strips or tofu cubes Red Thai curry or teriyaki lemongrass sauce Jasmine rice Asian vegetables <i>approx 741.2 cal. / Chicken: Switzerland</i>
INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00
FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	
pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	
DESSERT Lemon cake <i>approx 263.2 cal.</i>	DESSERT Chocolate mousse <i>approx 300.1 cal.</i>	DESSERT Fruit salad <i>approx 54.0 cal.</i>	DESSERT Dessert variation Choice of various desserts	DESSERT Dessert variation Choice of various desserts
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50

Icons: vegetarian (1 leaf), vegan (2 leaves), Lactose-free, gluten-free
Every meal comes with either a daily salad, dessert or soup.
All prices in CHF, VAT included