


Staff restaurant Eldora - Biogen

Monday, 18. November	Tuesday, 19. November	Wednesday, 20. November	Thursday, 21. November	Friday, 22. November
SOUP	SOUP	SOUP 	SOUP	SOUP
Soup of the day	Soup of the day	Vegetarian Grisons barley soup with vegetables <i>approx 89.2 cal.</i>	Soup of the day	Soup of the day
2.50	2.50	2.50	2.50	2.50
TRADITIONAL	TRADITIONAL 	TRADITIONAL	TRADITIONAL 	TRADITIONAL
Hungarian beef goulash Paprika sauce Spätzli Green beans <i>approx 660.7 cal. / Beef: Switzerland</i>	Autumn vegetables with Brussels sprouts Roast venison with braised sauce and bramata polenta <i>approx 533.2 cal. / Venison: Austria</i>	Chicken piccata Chicken schnitzel with egg and grated cheese Tomato sauce Spaghetti Organic broccoli <i>approx 772.5 cal. / Chicken: Switzerland</i>	Baked pike-perch fillet from the oven with lamb's lettuce pesto Saffron buckwheat Marinated lamb's lettuce <i>approx 564.6 cal. / Pike-perch: Estonia</i>	Pork roast with crackling Dark-beer gravy Mashed potatoes Red cabbage <i>approx 631.0 cal. / Pork: Switzerland</i>
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50
GREEN 	GREEN 	GREEN 	GREEN 	GREEN 
Flatbread filled with falafel and sesame sauce Oriental vegetable salad with parsley, mint and lemon <i>approx 1025.1 cal.</i>	Samosa filled with potato and vegetables Mango and chilli chutney Biryani rice Corn with tomatoes and garam masala <i>approx 703.7 cal.</i>	Smart Eating mushroom Bourguignon Green mashed potatoes Roasted pumpkin cubes Parsley <i>approx 445.8 cal.</i>	Rösti pouches with cream cheese filling Balsamic mushrooms Braised bell peppers Marinated rocket <i>approx 494.1 cal.</i>	Fried halloumi Herb salad Potatoes with onions Braised vegetables <i>approx 767.8 cal.</i>
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50
	LIVE COOKING Fajita "Next" We are happy to prepare the fajita according to your wishes. Choice of various dips and toppings Side dish long grain rice <i>approx 803.5 cal. / Chicken: Switzerland</i>		LIVE COOKING Rock the Wok Chicken strips or tofu cubes Thai red curry sauce or teriyaki and lemongrass sauce Jasmine rice Asian vegetables <i>approx 727.5 cal. / Chicken: Switzerland</i>	
	INT CHF 13.00 / EXT CHF 15.00		INT CHF 13.00 / EXT CHF 15.00	
FRESH MARKET	FRESH MARKET	FRESH MARKET	FRESH MARKET	FRESH MARKET
Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food	Hot and cold buffet with daily changing fresh salads, various toppings / dressings and hot food
pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10
DESSERT	DESSERT 	DESSERT	DESSERT 	DESSERT
Dessert of the day	Gingerbread and orange trifle <i>approx 152.5 cal.</i>	Dessert of the day	Cream tart <i>approx 195.0 cal.</i>	Dessert of the day
2.50	2.50	2.50	2.50	2.50

Die Menus Traditional und Green beinhalten entweder einen Menusalat oder Suppe oder Dessert.
Alle Preise in CHF, MwSt. inkl.