

Staff restaurant Eldora - Biogen

Monday, 27. January	Tuesday, 28. January	Wednesday, 29. January	Thursday, 30. January	Friday, 31. January
SOUP Cream of cress soup <i>approx 103.7 cal.</i>	SOUP Cream of bean soup <i>approx 88.7 cal.</i>	SOUP Vegan cauliflower soup <i>approx 96.2 cal.</i>	SOUP Cream of carrot soup <i>approx 85.2 cal.</i>	SOUP Cream of corn soup <i>approx 125.6 cal.</i>
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50
TRADITIONAL Spaghetti Bolognese Minced beef sauce Grated cheese <i>approx 696.6 cal. / Beef: Switzerland</i>	TRADITIONAL Shawarma Bowl with marinated chicken strips, roasted cauliflower, quinoa, chickpeas, tomato and cucumber salad and tahini-lemon dressing <i>approx 793.5 cal. / Chicken: Switzerland</i>	TRADITIONAL Minced veal steak Creamy green pepper sauce Spätzli Broccoli with egg crumbs <i>approx 965.2 cal. / Burger (veal): Switzerland</i>	TRADITIONAL Linguine with shrimps and Mediterranean vegetables Grated cheese <i>approx 638.0 cal. / Shrimps: Vietnam</i>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
KARMA Turmeric Couscous Bowl Baked tofu, roasted chickpeas, cherry tomatoes, olives, dried apricots and soy-lime dressing <i>approx 622.4 cal.</i>	KARMA Gnocchi Tomato and basil sauce Mediterranean vegetables Grated cheese <i>approx 1010.2 cal.</i>	KARMA Valais rösti potatoes with leeks, tomato and raclette cheese Baked beetroot Creamed kohlrabi <i>approx 555.2 cal.</i>	KARMA Sweet potato falafel Tomato hummus Lemon couscous Roasted cauliflower Pine nuts <i>approx 604.9 cal.</i>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
LIVE COOKING Bao bun filled with pulled beef or pulled oyster mushrooms, iceberg lettuce, cucumber and coriander served with carrot and ginger salad <i>approx 561.2 cal. / Bun: Vietnam, Beef: Switzerland</i>	LIVE COOKING Bao bun filled with pulled beef or pulled oyster mushrooms, iceberg lettuce, cucumber and coriander served with carrot and ginger salad <i>approx 561.2 cal. / Bun: Vietnam, Beef: Switzerland</i>	LIVE COOKING Bao bun filled with pulled beef or pulled oyster mushrooms, iceberg lettuce, cucumber and coriander served with carrot and ginger salad <i>approx 561.2 cal. / Bun: Vietnam, Beef: Switzerland</i>	LIVE COOKING Bao bun filled with pulled beef or pulled oyster mushrooms, iceberg lettuce, cucumber and coriander served with carrot and ginger salad <i>approx 561.2 cal. / Bun: Vietnam, Beef: Switzerland</i>	LIVE COOKING Bao bun filled with pulled beef or pulled oyster mushrooms, iceberg lettuce, cucumber and coriander served with carrot and ginger salad <i>approx 561.2 cal. / Bun: Vietnam, Beef: Switzerland</i>
INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00
FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings	
pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	
DESSERT Homemade gingerbread <i>approx 240.8 cal.</i>	DESSERT Ovomaltine mousse <i>approx 175.5 cal.</i>	DESSERT Caramel and Amaretti mousse <i>approx 159.1 cal.</i>	DESSERT Dessert Medley Choice of various desserts	DESSERT Dessert Medley Choice of various desserts
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50

Icons: vegetarian (1 leaf), vegan (2 leaves), Lactose-free, gluten-free

Every meal comes with either a daily salad, dessert or soup.

All prices in CHF, VAT included