













Staff restaurant Eldora - Biogen

Monday, 14. October	Tuesday, 15. October	Wednesday, 16. October	Thursday, 17. October	Friday, 18. October
SOUP  <p>Vegetable broth with vermicelli and vegetable strips approx 49.2 cal.</p>	SOUP <p>Swedish cream of pea soup approx 307.1 cal.</p>	SOUP  <p>Vegan broccoli soup approx 76.1 cal.</p>	SOUP  <p>Cream of vegetable soup approx 83.2 cal.</p>	SOUP  <p>Vegan mushroom soup approx 102.1 cal.</p>
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50
TRADITIONAL <p>Lasagne Verdi al Forno with beef, béchamel sauce and grated cheese Roasted Mediterranean vegetables approx 719.3 cal. / Beef: Switzerland</p>	TRADITIONAL  <p>Fried chicken breast Tomato and basil vinaigrette Lentil and potato stew with vegetables approx 551.1 cal. / Chicken: Switzerland</p>	TRADITIONAL <p>Venison stew with mushrooms, croutons, pearl onions and parsley Spätzli Brussels sprouts and chestnuts approx 881.7 cal. / Venison:</p>	TRADITIONAL  <p>Fried red trout fillet Pumpkin seed vinaigrette Bulgur wheat Spinach approx 660.5 cal. / Salmon trout: Turkey</p>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
KARMA  <p>Vegetarian Hachis Parmentier Fava bean and vegetable casserole with mashed potatoes and cheese au gratin Tomato and bell pepper salad approx 473.7 cal.</p>	KARMA  <p>Vegan ravioli filled with ratatouille Yellow bell pepper coulis Roasted vegetables Herb salsa approx 592.2 cal.</p>	KARMA <p>Wild mushroom strudel Pumpkin sauce Roasted butternut Kale chips and caramelised nuts approx 681.6 cal.</p>	KARMA  <p>Quinoa and beetroot patty Dill dip Winter vegetables with pears approx 352.6 cal.</p>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
LIVE COOKING <p>Raclette burger Beef patty, sesame bun, iceberg lettuce, tomatoes, gherkins, raclette cheese and cocktail sauce French fries approx 1158.3 cal. / Burger (beef): Switzerland</p>	LIVE COOKING <p>Raclette burger Beef patty, sesame bun, iceberg lettuce, tomatoes, gherkins, raclette cheese and cocktail sauce French fries approx 1158.3 cal. / Burger (beef): Switzerland</p>	LIVE COOKING <p>Raclette burger Beef patty, sesame bun, iceberg lettuce, tomatoes, gherkins, raclette cheese and cocktail sauce French fries approx 1158.3 cal. / Burger (beef): Switzerland</p>	LIVE COOKING <p>Raclette burger Beef patty, sesame bun, iceberg lettuce, tomatoes, gherkins, raclette cheese and cocktail sauce French fries approx 1158.3 cal. / Burger (beef): Switzerland</p>	LIVE COOKING <p>Raclette burger Beef patty, sesame bun, iceberg lettuce, tomatoes, gherkins, raclette cheese and cocktail sauce French fries approx 1158.3 cal. / Burger (beef): Switzerland</p>
INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00
FRESH MARKET <p>Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</p>	FRESH MARKET <p>Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</p>	FRESH MARKET <p>Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</p>	FRESH MARKET <p>Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10</p>	
DESSERT  <p>Mini brownie approx 287.4 cal.</p>	DESSERT  <p>Kaui chocolate and coffee mousse with caramel crunch approx 369.4 cal.</p>	DESSERT  <p>Apple crumble cake approx 347.7 cal.</p>	DESSERT <p>Dessert Medley Choice of various desserts</p>	DESSERT <p>Dessert Medley Choice of various desserts</p>
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50

Icons: vegetarian (1 leaf), vegan (2 leaves), Lactose-free, gluten-free
Every meal comes with either a daily salad, dessert or soup.
All prices in CHF, VAT included