

Staff restaurant Eldora - Biogen

Monday, 07. October	Tuesday, 08. October	Wednesday, 09. October	Thursday, 10. October	Friday, 11. October
SOUP Cream of pea soup <i>approx 130.7 cal.</i>	SOUP Cream of pumpkin soup <i>approx 124.6 cal.</i>	SOUP Cream of broccoli soup <i>approx 85.8 cal.</i>	SOUP Cream of vegetable soup <i>approx 83.2 cal.</i>	SOUP Potato and leek soup <i>approx 101.0 cal.</i>
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50
TRADITIONAL Sliced beef Stroganoff Paprika sauce with mushrooms and gherkins Baked root vegetables Noodles <i>approx 626.8 cal. / Beef: Switzerland</i>	TRADITIONAL Thai Massaman curry with chicken Jasmine rice Fried vegetables with Mu-Err mushrooms Peanuts <i>approx 817.1 cal. / Chicken: Switzerland</i>	TRADITIONAL Alpkuhpatenschaft - Alpkäse Alpine pork schnitzel with bacon, mushrooms, onions and Eldora Alpine cheese Rosemary glaze Spätzli Spinach <i>approx 801.8 cal. / Pork: Switzerland, Bacon (pork): Switzerland</i>	TRADITIONAL Fried pike-perch fillet Rocket pesto Risotto patty Tomato and vegetable ragout <i>approx 1085.4 cal. / Pike-perch: Kazakhstan</i>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
KARMA Vegetable gyoza dumplings Rice vinegar dip Lukewarm glass noodle salad with mushrooms, vegetables, peanuts and herbs <i>approx 787.5 cal.</i>	KARMA Alpkuhpatenschaft - Alpkäse Älplermagronen (Swiss Alpine macaroni) with Eldora Alpine cheese with cream sauce, potatoes, onions Fried onions and apple sauce <i>approx 1049.3 cal.</i>	KARMA Organic tofu steak Jalapeno and lime salsa Mashed sweet potatoes Artichoke peperonata <i>approx 583.9 cal.</i>	KARMA Alpkuhpatenschaft - Alpkäse Homemade cheese dumplings with Eldora Alpine cheese served with salad with radish, cucumber, carrots, cos lettuce and cress Choice of dressing <i>approx 731.0 cal.</i>	
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	
LIVE COOKING Schnitzel Week Breaded pork or chicken schnitzel French fries Grilled vegetables <i>approx 1323.1 cal. / Chicken: Switzerland, Pork: Switzerland</i>	LIVE COOKING Schnitzel Week Breaded pork or chicken schnitzel French fries Grilled vegetables <i>approx 1323.1 cal. / Chicken: Switzerland, Pork: Switzerland</i>	LIVE COOKING Schnitzel Week Breaded pork or chicken schnitzel French fries Grilled vegetables <i>approx 1323.1 cal. / Chicken: Switzerland, Pork: Switzerland</i>	LIVE COOKING Schnitzel Week Breaded pork or chicken schnitzel French fries Grilled vegetables <i>approx 1323.1 cal. / Chicken: Switzerland, Pork: Switzerland</i>	LIVE COOKING Schnitzel Week Breaded pork or chicken schnitzel French fries Grilled vegetables <i>approx 1323.1 cal. / Chicken: Switzerland, Pork: Switzerland</i>
INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00	INT CHF 13.00 / EXT CHF 15.00
FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	FRESH MARKET Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: INT CHF 2.30 / EXT CHF 3.10	
DESSERT Apple cake <i>approx 155.7 cal.</i>	DESSERT Banana catalana <i>approx 429.5 cal.</i>	DESSERT Chocolate mousse <i>approx 300.1 cal.</i>	DESSERT Dessert Medley Choice of various desserts	DESSERT Dessert Medley Choice of various desserts
INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50	INT CHF 2.50 / EXT CHF 2.50

Icons: vegetarian (1 leaf), vegan (2 leaves), Lactose-free, gluten-free
Every meal comes with either a daily salad, dessert or soup.
All prices in CHF, VAT included